

Nature



Photo: Gunhild Momrak

VIEWS AND SPACE are what this trip is all about. The top of Mount Igletjønnuten boasts views of almost the entire Fyresdal mountain range, and at the edge of the cliff facing Lake Fyresdalsvatn there are spectacular vistas across the lake and westwards towards the Setesdalsheiane mountains. The 370 m deep lake lies 500 m below you. Prepare to be dazzled by the vast, open landscape – assuming you do not find the sheer drop of the cliff too dizzying. The scenery is in many ways reminiscent of the fjord landscape in western Norway. The boulder resting precariously on the cliff's edge is extraordinary, and many people wonder how it came to be there. Not surprisingly, through the ages people have linked it to giants and sorcery. We now know that the ice cap carried rocks and boulders large distances and that such boulders, known as glacial erratics, were left behind where the ice melted. Source: Vandreruter i Fyresdal, Øyvind Skar

WHAT YOU MIGHT SEE ON YOUR WALK?

GREAT VIEWS with Lake Fyresvatn in the distance.

Photo: Hamish Moore



Culture



Photo: Hamish Moore

Stunning svaberg at Raudblæsberga.

The farm name Kolshus suggests that they used to burn coal there, while the name Raudblæsheia may hint at iron ore once having been extracted in the area. At Raudblæsberga you can see large, chiselled interlocking stones placed on top of each other in the shape of squares filled with rock and silvery dead pine. This is where the first telephone line was laid in the early 20th century.

Source: Vandreruter i Fyresdal, Øyvind Skar



www.vandretelemark.no www.fyresdal.kommune.no
Published by VTNU AS and Fyresdal municipality with support from Telemark County Council



ALONG THE ROUTE you will see the remains of abandoned highland farms from the Middle Ages, left fallow after the Plague. At Brautestøyl a bit higher up in the terrain is a set of overgrown house ruins. These highlands were home to several similar farms. Some of them may have been previously abandoned farms put back into use as summer farms from the 17th century onwards.

Layout: Nina Akerstuen / Trykk: Erik Tanche Nilssen as

RAUDBLÆSBERGA with its stunning svaberg, perfect for bathing and recreation.

Photo: Hamish Moore



PINE TREE with an unusually wide crown.

Photo: Gunhild Momrak



10.3 KM ROUND TRIP / 4-5 HOURS
CHALLENGING WALK →



Fyresdal – Telemark

WALK Mount Igletjønnuten

THEME Mountain top

Photo: Hamish Moore



GLACIAL ERRATIC left behind when the ice cap melted

Photo t.l.: Gunhild Momrak / Photo t.r.: Hamish Moore



Description of the walk

THIS IS A FASCINATING TRIP quite different from any other rambling destination in Fyresdal. From the starting point 650 m above sea level you will quickly reach highland terrain before ascending to the top of Mount Igletjønnnuten 949 m above sea level. After the initial ascent the terrain is easy. After a few hundred metres you will reach a crossroads. Here you can choose the route to the top of Mount Igletjønnnuten or opt for an easy southward trail along footbridges across marshland to Storsteinane. There you will find a waymarked trail around Lake Raubblæstjønn. If you take the trail heading due south, you will reach the ruins at Brautestøyl and eventually the splendid Raubblæsberga rocks. The footpath crosses the polished rocks towards Lake Fyresvatn, offering outstanding views. On a mountain ledge higher up you will find a huge boulder, a so-called glacial erratic left behind on the edge of the cliff after the Ice Age. This is a physically challenging footpath which requires a good sense of balance. Parts of the trail are wet and slippery – even in good weather. We therefore advise against taking this trip when it rains! You will soon reach the tree line, so do not forget to bring some warm and wind-proof clothing, even in the summer. We also recommend bringing first aid equipment just to be on the safe side. With its fascinating terrain, this is a great trip for families with a bit of hiking experience. We advise against carrying young children in baby carrier backpacks, as there is always a risk of falling.

START by walking 200 m southwards along the county road until you reach the highest point. Turn left at the sign, walk straight up and follow the path marked in blue up the mountainside, an incline of 300 metres. A rope has been fitted along the slippery and steep section to make it easier to walk. The rope is always fun to use, especially for the children.

Driving directions

The trip starts at Basthommen right by route FV355, 12.1 km from the centre of Fyresdal in the direction of Kilegrend. 32.9 km from Tjønnefoss. Car park by route FV355.

You are responsible for your own safety during the walk. Treat the countryside and grazing animals with respect. Take only photos, leave only footprints. Please take your rubbish home with you. Enjoy the trip!



Local tour map:
Fyresdal Aust
1 : 50 000

Wear good footwear and bring food, water and warm and windproof clothing.

We advise against taking this trip when it rains and carrying young children in baby carrier backpacks.



Accessible: May–October
Highest point: Mount Igletjønnnuten 949 m above sea level



Scale 1 : 30 000

Equidistance 20m

..... = signposted summertrail

Photo: Hamish Moore



At www.vandretelemark.no you will find an overview of accommodation for hikers.