

NATURE AND CULTURE

A park for everyone!

SURROUNDED BY WATER, Hamaren Activity Park sits right in the centre of Fyresdal. And activity is what it's all about! The park makes outdoor pursuits and social spaces available to everyone. The route has a universal design, which means it's suitable for walking, cycling, pushchairs and wheelchairs. Along the trail you'll find an insect hotel, open-air kitchen, barbecue hut, *gapahuk* shelter and benches, amongst other things. Right in the middle of the park there's an awesome bicycle trail with 11 obstacles. It's a one-way track: one way up, and one way down. The highlight of the park is the spectacular boardwalk that winds its way across the steep rock face. Walk along as you hover above Lake Fyresvatn. It's an extraordinary experience.



Photo: Lillian Borgen

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Klokkarhamaren – vantage point



Photo: Monica Sølyst

THE TRAIL SKIRTS a grand old pine forest and a mystical crag known as Klokkarhamaren – *Sexton's Rock*. It takes its name from the nearby sexton's farm which you'll pass on the route. There are splendid views of Lake Fyresvatn from the top of the cliff. Look beyond the wooded hills and scattered farmsteads, and you'll see the moors and mountains in the distance. Relax around the campfire or in the *gapahuk* shelter or simply enjoy the panoramic views. In the park you can also learn more about local flora and fauna, tree species, history and fairy tales. The signs along the route have been created by local school children and describe the characteristics of the area. The signs are placed in locations relevant to each topic. Check the map to find the different signs.

Layout: Nina Akerstuen / Trykke: Erik Tøranche Nilsen as

www.walktelemark.com



www.fyresdal.no



Published by VTNU AS and Fyresdal municipality with support from Telemark County Council



FAMILY TRAIL WITH UNIVERSAL DESIGN
2.4 KM ROUND TRIP / 1 HOUR
55-METRE HEIGHT DIFFERENCE →



Fyresdal – Telemark

WALK **Hamaren**
THEME **Activity park**



Photo: Monica Sølyst

WHAT YOU MIGHT SEE ON YOUR WALK

ENJOY YOUR packed lunch or cook from fresh in the barbecue hut or open-air kitchen.

Photo: Lillian Borgen



BRIDGE designed in the style of a timber slide to commemorate the era of timber floating in Fyresdal. Photo: Tone Susanne Kvasjord



THE SIGNS along the nature trail let you learn more about local flora and fauna, tree species, history and fairy tales. Photo: Monica Sølyst



AN ACTIVITY PARK for everyone. Thrills and spills for both young and old. Photo under: Almantas Girdauskas/ Photo to the right: Monica Sølyst



Description of the walk

THIS IS A UNIVERSALLY designed nature trail suitable for everyone. The trail starts at Kafé Teisner next to the church in the centre of Fyresdal. It runs along the lake, past Munkhola, before reaching a timber bridge designed in the style of an old timber slide. Next there is a spectacular footbridge before the trail turns into yet another timber slide as it nears the open-air kitchen and barbecue hut.

Once you reach the open-air kitchen you may want to do a detour to the top of Hamaren. If you choose to stay on the trail, you'll reach a timber-decked platform by the lake and, at the northernmost point of Hamaren, the barbecue hut. From there, follow the tarmacked road past the school and kindergarten. Continue along the gravel road past the sexton's farm and back to Kafé Teisner.

There are tables and benches along the route perfect for a picnic. You're welcome to use the campfire on top of Klokkarhamaren, the open-air kitchen and the barbecue hut. Please collect keys from Fyresdal town hall, located at the starting point of the trail.

Driving directions

Follow route RV355 to Fyresdal. Turn off the main road at the sign for Moland church.

P Parking and starting point at Kafé Teisner next to the church.



At walktelemark.com you will find an overview of accommodation for hikers.



You are responsible for your own safety during the walk. Treat the countryside and grazing animals with respect. Take only photos, leave only footprints. Please take your rubbish home with you. Enjoy the trip!

Highest point:
Klokkarhamaren
343 m



Map:
Local Tour map
Fyresdal Aust 1 : 50 000.



Access:
May-October

