

# Legends and history



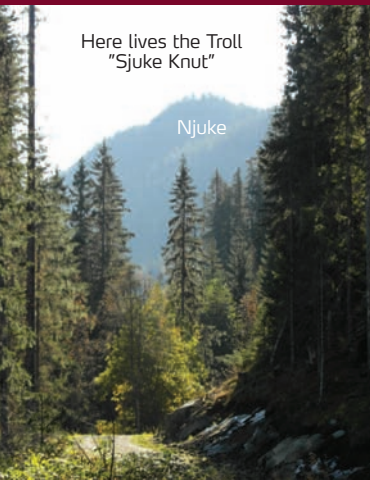
## TUDDAL CHURCH AND THE TROLLS

In 1796 the people of Tuddal erected the beautiful cruciform church that you will see on the trip. The five trolls living in Tuddal at the time detested the new church because its bells

were noisy. They therefore decided to pelt the church with rocks to silence the bells. Fortunately, none of the rocks hit the church, but you can see one of them from the footpath. This was the rock thrown by Sjuke-Knut Njuke. It landed right at the foot of Mount Njuke in the Djupebukta bay at the southern end of the lake. On the journey you can see the homes of four of the trolls. They were Lurv Lønnås, Hakjepett Høvdeås, Fluks Flugonfjell and Sjuke-Knut Njuke. The home of the fifth troll, Bøyg Bodik, is a little further south.

**HOVDEFOSSEN** If you take a detour to the left just after the Rindebrua bridge you will see the beautiful Hovdefossen waterfall with its giant's kettles and flat, smooth rocks. The pool above the waterfall used to be a popular place for people to do their laundry. They would put up clothes lines to dry their washing. You can also see the remains of the dam used by the old sawmill here.

## WHAT YOU MIGHT SEE ON YOUR WALK?



Here lives the Troll "Sjuke Knut"

Njuke



Here lives the Troll "Fluks"

Flugonfjell



Here lives the Troll "Lurv"

Lønnås



Here lives the Troll "Hakjepett"

Høvdeåsen

# Cultural adventures



Photo: Anne-Bjørg Haugan

## BØENLOFTET

from 1204, Tuddal's oldest building, can be seen across the road from the Bøen kiosk and café. The café serves good, homemade traditional food (NB! Check the opening times). Tuddal Bygdetun

is a wonderful cluster of old houses from Tuddal. A village fête is held on the Sunday closest to 20 July every year. Open during the summer season, otherwise by appointment. At Buens Kulturverkstad you can admire the visual art of Knut and Tone Buen (by appointment). Tuddal Amfi hosts great arts events during the summer. The footpath is also used for the running leg of the Tuddal Triathlon, which takes place on the last Saturday of July every year.

Layout: Nina Akerstuen / Trykke: Erik Tørche Nilssen as



www.visittuddal.no

# Vandrerregionen

www.vandretelemark.no www.hjartdal.kommune.no

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5,4 KM ROUNDRIP / 2 HOURS  
(2,4 KM ON GRASS/GRAVEL, THE REST ON TARMAC), EASY WALK →



# Tuddal

WALK Tuddal – Bjårvatn  
THEME Family trip, cultural trail



Photo: Anne-Bjørg Haugan

**NØKKEN IN BJÅR** Under the Rindebrua bridge lives Nøkken – the water spirit. You might spot him if you are lucky. But he is shy and usually only comes out at dusk or when it is foggy, so you must look carefully.



Photo: Mari Nymoene, Telen



Photo: Ivar T. Dahl



# Description of the walk

**THIS IS AN EASY TRIP** for all the family through a beautiful landscape full of culture and history. Follow the west side of the lake until you reach the Bondalsvegen road. Then follow the motor road through the centre of the village, past Tuddal Church, the school, Bøenløftet, Bøen kiosk and café, Tuddal Bygdetun, Buen Kulturverkstad, the amphitheatre and the Tuddal Joker supermarket.

## Driving directions

Start your trip at the Fossehalli social centre in Tuddal next to route FV651, around 1.5 km south of Tuddal Church. Park your car here, cross route FV651 and take the road opposite. Cross the bridge, keep right, and you will reach the Bjårvatn foot-path. Enjoy the trip! FV651 is the mountain road across Mount Gaustatoppen between Sauland and Rjukan.



Start: (GPS: N59°44.658' E008° 48.649')

**Facts:** Along the path you can find blueberries, lingonberries and cloudberry. Rich flora. Beaver lodges. Bathing place by the health centre, fishing (fishing licence available from Tuddal Joker) and picnic spot (tables/benches) with a great view towards the village centre.

**Pushchairs:** This trip is suitable for bicycles and pushchairs.

**You are responsible for your own safety during the walk. Treat the countryside and grazing animals with respect. Take only photos, leave only footprints. Please take your rubbish home with you. Enjoy the trip!**



**Map of the tour:**  
Gaustatoppen with Tuddal and Gaustablikk  
1 : 25 000

Map: AT plan.  
Source: Norwegian Mapping Authority,  
Geovekst and local councils



**Accessibility:**  
All year round  
**Highest point:** 500 m



Scale 1 : 35 000

Equidistance 20m

..... = marked summer trail



Photo: Anne-Bjørg Haugan